



Belfast School Newsletter

care I share I learn I grow

Wednesday, 31 October 2018

Absences:

absences@belfast.school.nz
or text 027 6364254

Contact Details:

P: (03) 323 8849
E: office@belfast.school.nz

700 Main North Road
Belfast
Christchurch 8051

Principal:

Sue Elley

Board of Trustees Chairperson:

Sue Fergusson

Dates of Interest:

Y5-8 Athletics on Thurs.
01/11 at 9.15

School Disco on Fri. 2/11

Jump Jam Regionals on Sat.
3/11

Assembly on Mon. 12/11
odd classes at 2.00 and
even classes at 2.30

Lower Middles Athletics Day
on Tues. 13/11 at 11.10

School closed on Wed.
14/11 due to strike

Show Day - school closed on
Fri. 16/11

Welcome to our new Pupils:

Sophie Glynn, Ford Major and Mialanii Fahey-Tapa.



Dear Parents/Caregivers

Tena koutou katoa. Hola. Talofa. Kon'nichiwa. Kamusta. Nǐ hǎu.
Nga mihi nui ki a koutou katoa. Hello and welcome everyone.

Our Term 4 calendar is full of events, activities and tasks with a special focus on getting ready for 2019. Teachers are working on placing children in classes and there are some things you could help us to do this well. If you have a child turning five and you haven't yet enrolled them please get in touch with the office to arrange a time to do this. If you have plans for moving out of the area or if your child will be attending another school, please could you let us know by emailing principal@belfast.school.nz Knowing how many children will be at Belfast School for the beginning of the year is very important for our planning.

Our **Play, Eat, Learn** timetable is part of our Well Being work with the University of Canterbury and along with other strategies is helping our children concentrate better in class and focus on their learning. The Well Being work also involves **Drink to Think** in which we are encouraging children to drink more water during the day. Another change we are making in classrooms and spaces where children work is to reduce the amount of visual information on the walls. This part of the Well Being approach is called **Calm Down Décor**. There is a great deal of research now showing that children are less often distracted and more focussed when the classroom environment is not cluttered with a wide variety of work, posters and things that hang down. Keeping the windows free from displays helps increase the level of natural light which is also calming. You might notice that there is less on the walls now than previously and this is deliberate.

Mid-year and end of year we gather and analyse data about the impact of these strategies. Our mid-year information shows there has been a positive change with children's concentration levels improving. Prior to putting these strategies in place our children were more likely to be distracted from after interval. Now the data shows that concentration levels are being maintained until around 2pm.

A big impact comes from the type of food the children eat at the carb snack time which helps their energy levels later in the day. The types of foods recommended for our carb snack are included in this newsletter.



The teachers' union, NZEI, has given notice that **Christchurch teachers will be striking on Wednesday, 14 November**. This means schools will need to close for the day as there will be no staff available for teaching. You will have received information about the strike either by email or a notice from your child this week.

While the media is focussing on teachers' salaries, the more important issue for teachers and schools are the work conditions. Schools and teachers are facing challenging situations everyday with limited resources. Escalating levels of behaviour problems, increasing numbers of children with learning needs and large class sizes are putting teachers under pressure. These things combined reduce the amount of time teachers can spend with individual children and impacts on learning. The current negotiations are focussed on getting more staffing into schools and greater support for children with learning and behaviour needs.

We understand that strikes are disruptive for families and whānau. We appreciate the support you have given us and ask that you continue to work with us on these issues.

All the best to our **Jump Jam teams** who are participating in the Regionals this weekend.

Ngā mihi nui

Sue Elley
Principal - Tumuaki

Enrolments at Belfast School:

If you have a child turning 5 years old in the next 3 to 12 months and you **have moved out of the school's enrolment zone**, you will have to apply for an Out of Zone enrolment vacancy for your child. Please note that the ballot for Out of Zone enrolments is done each term, and at least one term in advance. If you have any questions regarding this please phone Sally on 323-8849.

Important Dates for your Calendar:

November

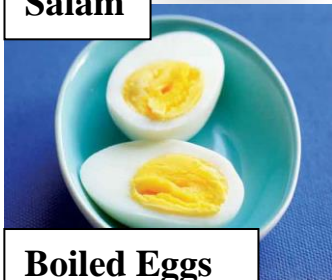
Friday, 2	School Disco
Saturday, 3	Jump Jam teams participating in the Regional competition
Tuesday, 6	Senior Speech competition Papanui High testing Y8 children Jump Jam session with Brett Fairweather
Wednesday, 7	Zone Athletics at Rawhiti School
Thursday, 8	PTA Sausage Sizzle (notice sent home on 31/10/18) Upper Middles Speech competition
Monday, 12	Assembly for odd classes at 2.00 Assembly for even classes at 2.30 Board of Trustees meeting 7.00
Tuesday, 13	Lower Middle Athletics day 11.10-2.15
Wednesday, 14	School closed due to strike
Friday, 16	Show Day - school closed
Tuesday, 20	Junior Athletics Day School Speeches in Hall at 7.00
Wednesday, 21	Lower Middle trip - Tough Kids Challenge PTA meeting in Staffroom at 7.00



Carb Snack Ideas:



Salam



Boiled Eggs



Nuts + Seeds



Celery + Peanut Butter



Cheese + Crackers



8.30 Bell	Children allowed into their classroom
8.55 Bell for 9.00 start	
9.00	Programme for the day begins
9.30	Break for a "carbo" snack and water:
10.30 Bell	Morning playtime
10.50 Bell	Return to class for morning tea
12.00 Bell	Midday playtime
12.30 Bell	Return to class for lunch and milk
1.45 Bell	Afternoon playtime
1.55 Bell	Return to class for a fruit snack
3.00 Bell	End of day



Popcorn



Cucumber + Hummus



Tuna



Vege Sticks



Wholemeal Sandwiches

Sushi





Belfast Stars Values Assembly - 29 October 2018

Room 1	Quade Southon
Room 2	Cooper Andreassen
Room 3	Ollie Harrison
Room 4	Jake Snell
Room 5	Chelsey Hackett
Room 6	Alice Ahomiro
Room 7	Cascade Ensor
Room 8	Kase Bailey
Room 9	Marco Cutelli
Room 10	Macy Allison
Room 11	Harper Mitchell
Room 12	Decan Ineson
Room 13	Sadie Perry
Room 14	Daniel Newman
Room 15	Amy Jiang
Room 16	Micayla Hobbs
Room 17	Jenayde Wilson
Room 18	Isaac Arlidge
Room 21	Gabriel Holland
Room 22	Savannah Roberts
Room 23	Nathan Ollsson



School Uniform Information:

Belfast School's uniform can now be ordered on line at:

www.thewarehouse.co.nz/c/belfast-school

Please note that some items are for Year 7/8 children only. If you have any questions please contact the school Office.



Community Notices

Young Writers Classes - spaces available for T4:

With unprecedented demand for our Saturday Young Writers Classes in Christchurch we have opened a new class for Term 4.

This means we have a some extra spaces available for keen young writers Years 3 to 8.

We start back this Saturday 27th October.

Enrolment details are available

here: <https://www.schoolforyoungwriters.org/saturday-workshops-page>

BestStart Belfast Kindy:



BestStart's early learning centres provide exceptional care and education for local children. With **3 great centres in the community**, we've got one right for your family's needs.

Each centre has a **special deal for new enrolments:**

BestStart Belfast Kindy - 30hrs free for 2-5 year olds

796 Main North Road, Belfast | 03 323 7500

BestStart Styx Mill - 50% off for 2mths

109 Northwood Boulevard, Northwood | 03 323 7838

BestStart Northwood - 50% off for 2mths

1 O'Neill Ave, Northwood | 03 323 7875

Contact us today to find out more



www.best-start.org



Community Notices

Belfast Fruit & Vege Stand:

This stand is situated outside the Belfast Community Network in Sheldon Park. Please leave any excess produce or food and take what you need. Minimising food wastage in our community. Contact the BCN on 323 9731 or follow us on Facebook – Belfast Community Network



Patricia Paul School of Dance:



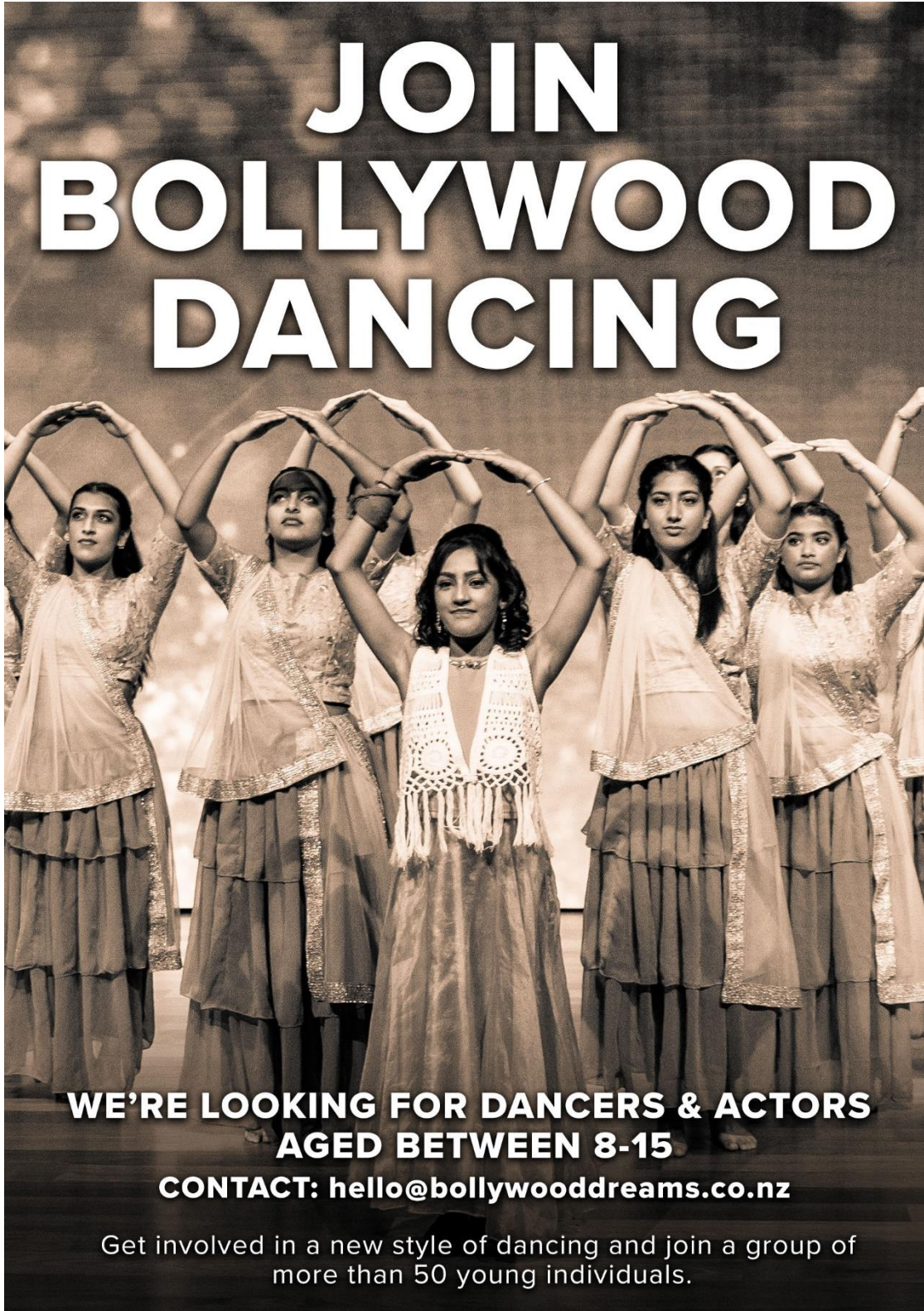
Your local dance school, is currently giving Jazz and Ballet lessons in your area. The school's director is teacher, choreographer & ex-ballet dancer Patricia Paul A.R.A.D. (London). Ballet lessons from 3 years through to Advanced, and all levels in Jazz, Tumble and Hip Hop starting from age 7.

For all enquiries please phone 372-9191 or email info@studioone.co.nz



Community Notices

Bollywood Dancing:



JOIN BOLLYWOOD DANCING

**WE'RE LOOKING FOR DANCERS & ACTORS
AGED BETWEEN 8-15**

CONTACT: hello@bollywooddreams.co.nz

Get involved in a new style of dancing and join a group of more than 50 young individuals.



Community Notices

SPCA Walk your Dog to the Moon!

SPCA Walk your Dog to the Moon

Together we're walking the distance to the moon to raise money for animals in need. Sign up and add your kilometres to the nationwide total.



Hi there!

SPCA would like to introduce your Family to our brand new event **Walk your Dog to the Moon**, transforming people and animals into real life astronauts!

This exciting event will gather animal lovers from around New Zealand to walk the distance from the earth to the moon, all while raising money for animals in need.

Taking place throughout November, grab your human and furry friends, your pedometer and join the fun by being active. Get outside, get healthy and walk your way to a better future for animals. It's that simple.

Join us on **Saturday the 4th of November at Bottle Lake Forest**, for a Walk Your Dog to the Moon launch event! Featuring a group walk with your dog, this is the perfect opportunity to get inspired and meet your fellow moonwalkers. There will be extra surprises on the day, making it the perfect way to kick-start your kilometres. We really hope you can join us for this special event.

For more information about Walk your Dog to the Moon, head to our website www.walktothemoon.co.nz and feel free to get in touch should you have any questions.

Swimming and Water Safety:

Parents and Caregivers - Be in to WIN!

You could win a free fun day for your school at Jellie Park (pool and slide) on the 18 December by filling in a short survey around water safety and learning to swim. Each entry increases your school's chance of winning. Currently only 30% of school age children participate in swimming lessons and the Christchurch City Council's Swimsmart team are keen to understand parents and caregivers views around water safety and learning to swim.

Here is a link to the survey - <https://www.surveymonkey.com/r/SchoolSwim18>

Thanks in advance for providing your thoughts.

Recreation & Sports Unit, CCC



Community Notices

Parenting Helpline:



Free Parenting Workshops:

MHERC (Mental Health Education & Resource Centre) are frequently funded to offer free community workshops, this November we are hosting two free parenting workshops regarding Managing Anxiety and Building Resilience in your children and teens. For more information please click onto the links below.

If you find that these workshops may be applicable to you, please register through the following links:

<https://mherc.arlo.co/courses/340-managing-anxiety-and-building-resilience-in-your-children>

<https://mherc.arlo.co/courses/341-managing-anxiety-and-building-resilience-in-your-teensv>